



Dear Achiever,

Success is rarely achieved alone. Determine what resources or support you need from others to help you achieve your goals. If you can think of the person you need, write down their name. If it is an expert or specialist that you need, write down the type of specialist. In some cases, you will not need anyone to achieve your goals, however, don't be afraid to seek the help you need so that victory can be yours.

Remember, you do not have to limit yourself to the choice of external experts or professionals only. Your family members, friends, or partner might also have the abilities and skills to support you on your journey. Just let them know you would greatly appreciate their help.

Sincerely,

Team Achieve



WHO

Who do you need (if anyone) to help you attain each goal?
e.g. a personal trainer, recruiter, financial planner, spouse

Spiritual

Wellness

Relational

Career

Financial